













# Greene County Senior Center July 2025 ACTIVITIES/EVENTS CALENDAR

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
Activities are subject to change without notice!	<u>OFFERED EVERY MONDAY</u> 10:00-Walking Aerobics 10:00-Jewelry Making 11:00-Corn Hole 1:00-Creative Creations 2:00-New Member Class 6:00-Advanced Line Dance	<u>OFFERED EVERY TUESDAY</u> *Interfaith Produce Distribution 10:00-BINGOCIZE 11:00-Shuffleboard 12:30-Latch Hook Rug 2:00-Needleworkers Guild 2:00-Cardio Drumming	<u>OFFERED EVERY WEDNESDAY</u> 9:00-Brain Teasers 11:00-Bible Study 12:30-Football/Softball Throw 1:00-Tech Tutoring/Obie Time 2:00-Tai Chi for Arthritis	<u>OFFERED EVERY THURSDAY</u> 9:30-Arts & Crafts 11:00-Pool Match 12:00-Make Shelter Puppy Treats 12:30-Diamond Art Craft 2:00-Chair Yoga	<u>OFFERED EVERY FRIDAY</u> 9:00-Bocce 10:00-Bingo 11:00-Easy Line Dance 11:00-Horseshoes 12:30-Movie/Snacks 2:00-SHIP Counseling	*Ask about Scholarships for fee based activities
		1	 2	3 11:00-Stress Peer Group 12:00-USA Luncheon- <i>register by July 1st. (Open to all clients not just those in Meal Program.)</i>	 4	5
6	7	 8	9 1:00-2:00-Digital Skills & Devices Class-Microsoft Basics, Word, & Excel	10 9:00-Caregiver Breakfast 11:00-Humor's Effect on Mental Health-GAST Team	11	12
13	 14	15 11:30-Cooking Class-Summer Treats 2:00-Aging Planning Meeting	16 10:00-Health Checks-Blood Pressure & Blood Sugar 3:30-Advisory Meeting	17 11:00-Cancer Survivor Meeting	 18	19
20	21 2:00-Friendship Tea Group- (register by 07-09-2025- wear tea party hats) 	22 Single Mingle-Trip to Low & Slow Restaurant Smithfield-Leaving at 3pm- Self Pay Event	23 10:00-Senior Tar Heel Legislator Delegate/Alternate Meet, Greet, with participant Question & Answer Session	24 11:00-Health Talks with Jennifer- Food Borne Illness Workshop	25 9:45-Monthly Birthday Party 11:00-History Show & Tell	26
27	 28	29 *REGISTRATION DEADLINE- BINGOCIZE for Falls Classes. New Classes start August 5th!	30	 31		

**\*Walk In Activities at the Senior Center:** Puzzles, Cards, Board Games, Books, Chromebooks, Word Search, Coloring Books, Bocce, Craft Kits, Free Wireless Internet, Recreation Equipment, Pool Tables, Corn Hole, Obie. Latest financial report, audit, & Senior Budget available upon request in Business Office or online @ [www.greencountync.gov](http://www.greencountync.gov). \*Activities, Menu, Newsletter, & volunteer opportunities online at [greencountync.gov](http://greencountync.gov). Click on Departments, then Senior Services. **Donations tax deductible & gladly accepted to include cash, checks, craft items, or items that can be used for Bingo Gifts or Activities. Make checks out to Greene County Senior Center PO Box 36 Snow Hill, NC 28580. Information Call: 252-747-5436.**

**Mission:** To Promote the Health, Well-Being, & Quality of Life for ALL Senior Citizens! Latest news/pictures on Facebook @ Greene County Senior Center & Services