

Greene County Senior Center Congregate Menu-April 2022

***Skim Milk, Whole Wheat Bread or Roll, & Margarine Offered Daily With Meal**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Turkey Tetrizzini, Sweet Potatoes, Spinach, Wheat Bread, <i>Raisins</i> 5068
4 Meatballs with Rice & Mushroom, Gravy, Zucchini, Mixed Vegetables, Wheat Bread, <i>Peaches</i> 5094	5 Fiesta Chicken over Rice with Chili Sauce, Black Beans, Yellow Squash, Whole Wheat Bread, <i>Orange juice</i> 5077	6 Manager's Choice Wheat Bread <i>Diced Pears</i>	7 BBQ Rib Patty, Sweet Potatoes, Greens, Wheat Bread, <i>Cherry Juice Bar</i> 5030	8 Linguine Alfredo, Parmesan Cheese, Brussel Sprouts, Yellow Squash, Wheat Bread <i>Fruit Cup</i> 5065
11 Chicken Cacciatore, Brussel Sprouts, Yellow Squash, Whole Wheat Bread, <i>Apple Juice</i> 5060	12 Spaghetti Meatball, Broccoli, Black Bean Blend, Wheat Bread, <i>Oatmeal Cookie</i> 5043	13 Meat Loaf with Gravy, Brussel Sprouts, Carrots, Wheat Bread, <i>Chocolate Chip Cookie</i> 5048	14 Turkey & Dressing Gravy, Sweet Potatoes, Green Beans, Whole Wheat Bread, <i>Cranberry Juice Blend</i> 5053	15 Senior Center Closed for Good Friday
18 Herb Chicken, Mashed Potatoes, Green Beans, Carrots, Wheat Bread, <i>Fruit Cocktail</i> 5046	19 Cheese Tortellini Carrots, Brussel Sprouts, Wheat Bread, <i>Mixed Fruit Juice</i> 5078	20 Manager's Choice Wheat Bread <i>Diced Pears</i>	21 Grilled Pork Patty, Mashed Potatoes, Mushroom Gravy, Green Beans, Califmix Veggies, Wheat Bread, <i>Raisin Bran</i> 5031	22 Chicken A La King, Cheesy Cauliflower, Brussel Sprouts, Wheat Bread, <i>Nutrigrain Bar</i> 5086
25 Charbroiled Beef Patty, Mashed Potatoes, Peas & Carrots, Corn, Wheat Bread, <i>Orange Juice</i> 5049	26 Turkey Pot Roast Mashed Potato, Green Beans, Carrots, Wheat Bread Mixed Fruit 5074	27 Manager's Choice Wheat Bread <i>Cherry Juice Bar</i>	28 Birthday Special Meal Non Block Grant Meal <i>Happy Birthday!</i>	29 Cheese Ravioli with Marinara Sauce, Cauliflower, Broccoli, Wheat Bread, <i>Diced Peaches</i> 5079

*Ask about our **FREE LUNCH PROGRAM** for meals served at the Greene County Senior Center. No income limits. For Greene County Residents at least age 60 and older. For more information about our Senior Nutrition Programs, call 252-747-5436. Lunch served Monday-Friday at 12pm. **This month's Breakfast Meal served Mon-Fri from 8am-9am:** French Toast Sticks with Syrup & Butter, Patty Sausage, Spiced Peaches, Breakfast Potatoes, Juice, Milk, and Raisin Bran.