










Greene County Senior Center October 2021 ACTIVITIES/EVENT CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
Oct. is Breast Cancer Awareness Month!	Ask about scholarships for fee based activities. To participate in Virtual Classes & Activities, you must pre-register. Call 252-747-5436	HOURS OF OPERATION Open 8am to 4:30pm Monday-Friday with some Evening & Weekend Activities-check Calendar. Activities may change			10:00-Bingo 1 11:00-Bible Study *Recreation Room Closes at 3pm today	2 
3 	4 10:00-Walking Aerobics 11:00-Jewelry Making 11:00-Corn Hole 1:00-Wreath Class 2:00-Rec Room Orientation 6:00-Advanced Line Dance	5 10:00-Bingocize 11:00-Shuffleboard 1:00-Medicine Ball 2:00-Needleworkers Guild	6 10:00-Move 2 Music 11:00-Tai Chi Part 1 11:00-Brain Teaser 12:30-Computer/Tablet *Wear Pink Day for Breast Cancer Awareness	7 11:00-Arts & Crafts 11:00-Pool Match 1:00-Crochet Class 3:00-Conference Call Bingo	8 10:00-Bingo 11:00-Bible Study *Recreation Room Closes at 3pm today	9
10	11 10:00-Walking Aerobics 11:00-Jewelry Making 11:00-Corn Hole 11:00-GAST Team: Caregiver Stress 1:00-Wreath Class 2:00-Rec Room Orientation 6:00-Advanced Line Dance	12 10:00-Bingocize 11:00-Shuffleboard 1:00-Medicine Ball 2:00-Needleworkers Guild	13 10:00-Move 2 Music 11:00-Tai Chi Part 1 11:00-Brain Teaser 11:00-1:00-Hot Dog Sale for Greene County Walk Team to DeFeet Dementia 12:30-Computer/Tablet	14 10:00-Arthritis Exercise 11:00-Arts & Crafts 11:00-Pool Match 1:00-Crochet Class 3:00-Conference Call Bingo	15 10:00-Bingo 11:00-Bible Study *Recreation Room Closes at 3pm today *1st Day Open Enrollment for 2022 Medicare Part D Prescription Plans by appt	16 
17 	18 10:00-Walking Aerobics 11:00-Jewelry Making 11:00-Corn Hole 1:00-Wreath Class 2:00-Rec Room Orientation 6:00-Advanced Line Dance	19 10:00-Bingocize 11:00-Shuffleboard 1:00-Medicine Ball 2:00-Needleworkers Guild	 20 9:00-11:00-Flu Shot Clinic at Senior Center (shots given by Greene County Health Dept.) bring Insurance Card! 10:00-Move @ Music 11:00-Tai Chi Part 1 12:30-Computer/Tablet	21 10:00-Arthritis Exercise 10:15-Great American Shakeout Earthquake Drill 11:00-Arts & Crafts 11:00-Pool Match 11:15-Nutrition Workshop/Coop. Ext. Pineapple Salsa 1:00-Crochet Class 3:00-Conference Call Bingo	22 10:00-Bingo 11:00-Bible Study *Recreation Room Closes at 3pm today	23 Walk to De-Feet Dementia Goldsboro Starts at 9am 
24	25 10:00-Walking Aerobics 11:00-Jewelry Making 11:00-Corn Hole 1:00-Wreath Class 2:00-Rec Room Orientation 6:00-Advanced Line Dance	26 10:00-Bingocize 11:00-Shuffleboard 1:00-Medicine Ball 2:00-Needleworkers Guild 5pm-Single Mingle-Carnival Nite \$20 person	27 10:00-Move 2 Music 11:00-Tai Chi Part 1 11:00-Brain Teaser 12:30-Computer/Tablet 2:00-Zoom Caregiver Support Group Meeting	28 10:00-Arthritis Exercise 11:00-Arts & Crafts 11:00-Pool Match 1:00-Crochet Class 3:00-Conference Call Bingo	29 10:00-Bingo 11:00-Bible Study *Recreation Room Closes at 3pm today	30
31 Halloween 	*For Check out at the Senior Center: Puzzles, Cards, Board Games, Books, Lap Top Computer/Tablet, Word Search, Coloring Books for Adults, Craft Kits. *Activities, Menu, Newsletter, & volunteer opportunities online at greenecountync.gov . Click on Departments, then Senior Services. Latest financial report, audit, and Senior Budget available upon request in the Business Office or online @ www.greencountync.gov . Every Participant must update their records before they can start utilizing the amenities at the Senior Center which will include completing a new membership form, client registration for meal programs, and exercise equipment. Recreation Room Orientations are on Mondays at 2pm.					
Mission: To Promote the Health, Well-Being, & Quality of Life for ALL Senior Citizens!						