










Activities for February 2018-Morning Activities

February is Black History Month!










Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
	*Register now for Regional Senior Games. Early Registration Deadline is March 9th. Participants registering through the Senior Center need to see Sharon Harrison by Monday, March 5th			9:30-Walking Club 1 10:45-Better Food/ Better Health 11:00-Pool Match	2 9:30-11:30-Movie Morning-Pop Corn/Drink 10:00-TOPS Support Group 11:30-Crafts *Wear Red Day for Women's Heart Health 	3 
4	5 10:00-Arthritis Foundation Exercise 11:45-Show & Tell	6 9:30-Walking Club 10:00-Arthritis Foundation Exercise 11:00-Educational Jingo	7 10:00-Bingo 11:00-Devotional 11:00-Corn Hole Sr. Games Practice	8 9:30-Walking Club 10:45-Better Food/ Better Health 11:00-Pool Match	9 9:30-11:30-Movie Morning-Pop Corn/Drink 10:00-TOPS Support Group 11:30-Crafts	10
11	12 10:00-Arthritis Foundation Exercise 11:45-Show & Tell	13 9:30-Walking Club 10:00-Arthritis Foundation Exercise 11:00-Educational Jingo	14 Valentine's Day! 10:00-Valentine Party 10:00-Bingo 11:00-Devotional 11:00-Corn Hole Sr. Games Practice 11:30-Announce Royal Court Winners	15 9:30-Walking Club 10:45-Better Food/ Better Health 11:00-Pool Match	16 9:30-11:30-Movie Morning-Pop Corn/Drink 10:00-TOPS Support Group 11:30-Crafts	17
18	19 10:00-Arthritis Foundation Exercise 11:45-Show & Tell	20 9:30-Walking Club 10:00-Arthritis Foundation Exercise 11:00-Educational Jingo	21 10:00-Bingo 11:00-Devotional 11:00-Corn Hole Sr. Games Practice	22 9:30-Walking Club 10:45-Better Food/ Better Health 11:00-Pool Match	23 9:30-Free Tax Preparation 9:30-11:30-Movie Morning-Pop Corn/Drink 10:00-TOPS Support Group 11:30-Crafts	24
25 	26 10:00-Arthritis Foundation Exercise 11:45-Show & Tell	27 9:30-Walking Club 10:00-Arthritis Foundation Exercise 11:00-Educational Jingo- Black History Trivia	28 10:00-Bingo 11:00-Devotional 11:00-Corn Hole Sr. Games Practice	Walk In Activities: Puzzles, Cards, Board Games, Pool Table, Books, Exercise Equipment, Wii, Tablets, Newspapers, Word Search. Copy of Current Budget available for view in Office	Suggestion Box located outside Office Door. *Activities are subject to change. Activities, Menu, Online Newsletter at www.greencountync.gov Click on Departments, then Senior Services.	

Activities for February 2018-Afternoon Activities

Promoting the Health, Well-Being, and Quality of Life for ALL Senior Citizens!

Activities, Menu, & Online Newsletter at www.greencountync.gov-Click on Departments, then Senior Services

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
				1:00-Comfort Mats 1 1:30-Bridge Club 3:30-Tai Chi	2	3 *Recreation room closes at 3:00 Fridays
4	5	6	7	1:00-Comfort Mats 8 1:30-Bridge Club 2:00-Passport to our International Neighbors-India 3:30-Tai Chi	9	10 *Recreation room closes at 3:00 Fridays
11	12	13	14	1:00-Comfort Mats 15 1:00-Vision Loss Support Group Meeting 1:30-Bridge Club 2:00-Passport to our International Neighbors-Trinidad & Tobago 3:30-Tai Chi	16	17 *Recreation room closes at 3:00 Fridays 2:00-Powerful Tools for Caregivers-Free 6 Weeks Classes for Caregivers
18	19	20	21	1:00-Comfort Mats 22 1:30-Bridge Club 2:00-Passport to our International Neighbors-Ethiopia 3:30-Tai Chi	23	24 12:00-Family Caregiver Support Group Meeting 2:00-Powerful Tools for Caregivers *Recreation room closes at 3:00 Fridays
25	26	27	28	Free Information Service on just about everything <div style="text-align: center;">  Help starts here. </div>	29	A Partner of  LENOIR/GREENE Greene County Senior Center & Services  Find us on: facebook.